



Session Five Pre-work Assignments

Write down any questions you may have from reflecting on Session Four to share with your facilitator.

Complete the following exercises:

- Research Recovery Community Organizations (RCOs) in your state listed on the Faces and Voices of Recovery website www.facesandvoicesofrecovery.org.

Session Five Agenda

- ⇒ Boundaries
- ⇒ Self-Care
- ⇒ Role Playing
- ⇒ Next Steps
- ⇒ Program Closing